



Kejohanan Para Memanah Kebangsaan 2024 Siri 1

NAAM-MSNM-ALLIANZ (PARA0124)

Majlis Sukan Negara Bukit Jalil, From 22-04-2024 to 28-04-2024



25 Apr 2024, Thursday

08:30-09:00 Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m-1				50m-1											30m-1								
	Warm Up				Warm Up											Warm Up								
	Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm											Outdoor (1-X) 80 cm								

09:00-10:10 Qualification Rounds R1W + CM Recurve Category 2 Division	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m-1				50m-1											30m-1								
	Qualification Rounds				Qualification Rounds											Qualification Rounds								
	Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm											Outdoor (1-X) 80 cm								

10:20-11:30 Qualification Rounds R1W + CM Recurve Category 2 Division	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m-2				50m-2											30m-2								
	Qualification Rounds				Qualification Rounds											Qualification Rounds								
	Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm											Outdoor (1-X) 80 cm								

11:30-12:00 1/16: CM Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
									50															
									CM Warm Up															
									Outdoor (5-X) 80 cm															

12:00-12:30 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
									50															
									CM 1/16															
									Outdoor (5-X) 80 cm															

12:30-13:00 Individual Matches 5 ends of 3 arrows 1/4: R1W Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70				50																			
	R1W Warm Up				CM 1/8																			
	Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm																			

13:00-13:30 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70				50																			
	R1W 1/4				CM 1/4																			
	Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm																			

13:30-14:00 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70				70				50				50											
	R1W 1/2				R1W 1/2				CM 1/2				CM 1/2											
	Outdoor (1-X) 122 cm				Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm				Outdoor (5-X) 80 cm											

14:00-14:30 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70				70				50				50											
	R1W Gold				R1W Bronze				CM Gold				CM Bronze											
	Outdoor (1-X) 122 cm				Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm				Outdoor (5-X) 80 cm											



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NAAM-MSNM-ALLIANZ (PARA0124)

Majlis Sukan Negara Bukit Jalil, From 22-04-2024 to 28-04-2024



26 Apr 2024, Friday

08:30-09:00 Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m-1										50m-1					30m-3								
	Warm Up										Warm Up					Warm Up								
	Outdoor (1-X) 122 cm										Outdoor (5-X) 80 cm					Outdoor (1-X) 80 cm								

09:00-10:10 Qualification Rounds R1M + CW Recurve Category 2 Division	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m-1										50m-1					30m-3								
	Qualification Rounds										Qualification Rounds					Qualification Rounds								
	Outdoor (1-X) 122 cm										Outdoor (5-X) 80 cm					Outdoor (1-X) 80 cm								

10:20-11:30 Qualification Rounds R1M + CW Recurve Category 2 Division	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m-2										50m-2					30m-4								
	Qualification Rounds										Qualification Rounds					Qualification Rounds								
	Outdoor (1-X) 122 cm										Outdoor (5-X) 80 cm					Outdoor (1-X) 80 cm								

11:30-12:00 1/16: R1M Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70																							
	R1M																							
	Warm Up																							
Outdoor (1-X) 122 cm																								

12:00-12:30 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70																							
	R1M																							
	1/16																							
Outdoor (1-X) 122 cm																								

12:30-13:00 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
									70															
									R1M															
									1/8															
Outdoor (1-X) 122 cm																								

13:00-13:30 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
									70															
									R1M															
									1/4															
Outdoor (1-X) 122 cm																								

14:30-15:00 1/2: R1M, CW Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24							
					70								70								50										
					R1M								R1M								CW										
					Warm Up								Warm Up								Warm Up										
								Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm							

15:00-15:30 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24							
					70								70								50										
					R1M								R1M								CW										
					1/2								1/2								1/2										
								Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm							

15:30-16:00 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24							
					70								70								50										
					R1M								R1M								CW										
					Gold								Bronze								Gold										
								Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm							



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Majlis Sukan Negara Bukit Jalil, From 22-04-2024 to 28-04-2024



27 Apr 2024, Saturday

08:30-09:00 1/4: R1M, CM Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	70								50							
	R1M								CM							
	Warm Up								Warm Up							
	Outdoor (1-X) 122 cm								Outdoor (5-X) 80 cm							

09:00-09:30 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	70								50							
	R1M								CM							
	1/4								1/4							
	Outdoor (1-X) 122 cm								Outdoor (5-X) 80 cm							

09:30-10:00 Team Matches 4 ends of 6 arrows Gold: Recurve Cat 1 Women Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	70				70								50			
	R1M				R1W								CM			
	1/2				Warm Up								1/2			
	Outdoor (1-X) 122 cm				Outdoor (1-X) 122 cm								Outdoor (5-X) 80 cm			

10:00-10:30 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	70		70		70								50		50	
	R1M		R1M		R1W								CM		CM	
	Gold		Bronze		Gold								Gold		Bronze	
	Outdoor (1-X) 122 cm												Outdoor (5-X) 80 cm			

10:15-10:45 1/2: R1X, CX Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
					70				50							
					R1X				CX							
					Warm Up				Warm Up							
					Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm							

10:45-11:15 Team Matches 4 ends of 4 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
					70				50							
					R1X				CX							
					1/2				1/2							
					Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm							

11:15-11:45 Team Matches 4 ends of 4 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16				
					70				70				50				50			
					R1X				R1X				CX				CX			
					Gold				Bronze				Gold				Bronze			
					Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm											