



Easter Monday WRS WA70/60/50/40/30 + Head 2 Head

Northern Ireland Performance Academy (NIAEM)
Lisnagarvey High School, Lisburn BT28 1HN, 04-21-2025



21 Apr 2025, Monday

09:55-10:15

2 Ends of Warm-Up AB/CD Format

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	
30m-1	40m-1		40m-1		50m-1			50m-1			60m-1		70m-1		
Warm Up	Warm Up		Warm Up		Warm Up			Warm Up			Warm Up		Warm Up		
Complete	Reduced (5 - 10 +X) 80 cm		Complete (1 - 10 +X) 122 cm		Reduced (5 - 10 +X) 80 cm			Complete (1 - 10 +X) 122 cm			Complete (1 - 10 +X) 122 cm				

10:15-11:27

Qualification Rounds

Qualification Round- WA70/60/5

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	
30m-1	40m-1		40m-1		50m-1			50m-1			60m-1		70m-1		
Qualification Rounds	Qualification Rounds		Qualification Rounds		Qualification Rounds			Qualification Rounds			Qualification Rounds		Qualification Rounds		
Complete	Reduced (5 - 10 +X) 80 cm		Complete (1 - 10 +X) 122 cm		Reduced (5 - 10 +X) 80 cm			Complete (1 - 10 +X) 122 cm			Complete (1 - 10 +X) 122 cm				

11:45-12:57

Qualification Rounds

Qualification Round- WA70/60/5

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	
30m-2	40m-2		40m-2		50m-2			50m-2			60m-2		70m-2		
Qualification Rounds	Qualification Rounds		Qualification Rounds		Qualification Rounds			Qualification Rounds			Qualification Rounds		Qualification Rounds		
Complete	Reduced (5 - 10 +X) 80 cm		Complete (1 - 10 +X) 122 cm		Reduced (5 - 10 +X) 80 cm			Complete (1 - 10 +X) 122 cm			Complete (1 - 10 +X) 122 cm				

13:35-13:40

1 End of Warm-Up

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
30m	50m					70m				70m				
30m	C					70m				70m				
Warm Up	Warm Up					Warm Up				Warm Up				
Complete	Reduced (5 - 10 +X) 80 cm					Complete (1 - 10 +X) 122 cm				Complete (1 - 10 +X) 122 cm				

13:40-14:00

Individual Matches

5 ends of 3 arrows

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
30m	50m					70m				70m				
30m	C					70m				70m				
Semi Finals	1/8					1/8				1/8				
Complete	Reduced (5 - 10 +X) 80 cm					Complete (1 - 10 +X) 122 cm				Complete (1 - 10 +X) 122 cm				

14:10-14:15

1 End of Warm-Up

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
30m	40m		50m			60m				60m				
30m	40m		50m			60m				60m				
Warm Up	Warm Up		Warm Up			Warm Up				Warm Up				
Complete	Complete (1 - 10 +X) 122 cm													

14:15-14:35

Individual Matches

5 ends of 3 arrows

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
30m	40m		50m			60m				60m				
30m	40m		50m			60m				60m				
Final	Semi Finals		Quarter Finals			Quarter Finals				Quarter Finals				
Complete	Complete (1 - 10 +X) 122 cm													

14:45-14:50

1 End of Warm-Up

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
40m	40m			50m				70m			70m			
40m	40m			C				70m			70m			
Warm Up	Warm Up			Warm Up				Warm Up			Warm Up			
Complete	Reduced (5 - 10 +X) 80 cm													

14:50-15:10

Individual Matches

5 ends of 3 arrows

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
40m	40m		50m			70m				70m				
40m	40m		C			70m				70m				
Final	Bronze		Quarter Finals			Quarter Finals				Quarter Finals				
Complete	Complete (1 - 10 +X) 122 cm		Reduced (5 - 10 +X) 80 cm			Complete (1 - 10 +X) 122 cm				Complete (1 - 10 +X) 122 cm				



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21 Apr 2025, Monday (Continue)

15:20-15:25 1 End of Warm-Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	50m				50m				60m		70m			
	50m Warm Up				C Warm Up				60m Warm Up		70m Warm Up			
<small>Complete (1 - 10 +X) 122 cm Reduced (5 - 10 +X) 80 cm Complete (1 - 10 +X) 122 cm</small>														

15:25-15:45 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	50m				50m				60m		70m			
	50m Semi Finals				C Semi Finals				60m Semi Finals		70m Semi Finals			
<small>Complete (1 - 10 +X) 122 cm Reduced (5 - 10 +X) 80 cm Complete (1 - 10 +X) 122 cm</small>														

15:50-15:55 1 End of Warm-Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	50m				50m				60m		70m			
	50m Warm Up				C Warm Up				60m Warm Up		70m Warm Up			
<small>Complete (1 - 10 +X) 122 cm Reduced (5 - 10 +X) 80 cm Complete (1 - 10 +X) 122 cm</small>														

15:55-16:15 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	50m		50m		50m		50m		60m		60m	70m		70m
	50m Final		50m Bronze		C Final		C Bronze		60m Final		60m Bronze	70m Final		70m Bronze
<small>Complete (1 - 10 +X) 122 cm Reduced (5 - 10 +X) 80 cm Complete (1 - 10 +X) 122 cm</small>														