

KEJOHANAN MEMANAH MSSB KUCHING 2026

PPD PADAWAN (MSSB26)

PERBADANAN SUKAN SARAWAK (SSC), From 08-04-2026 to 10-04-2026

9 Apr 2026, Thursday

08:00-08:20 Official warmup for all Women	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	40 M										60 M										70 M			
	Warm Up										Warm Up										Warm Up			
Complete (1 - 10 +X) 122 cm																								

08:20-10:10 Qualification Rounds U12W U15W U18W	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	40 M										60 M										70 M			
	Qualification Rounds										Qualification Rounds										Qualification Rounds			
Complete (1 - 10 +X) 122 cm																								

10:10-10:30 Official warmup for all Men ca	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	40 M										60 M										70 M			
	Warm Up										Warm Up										Warm Up			
Complete (1 - 10 +X) 122 cm																								

10:30-12:20 Qualification Rounds U12M U15M U18M	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	40 M										60 M										70 M			
	Qualification Rounds										Qualification Rounds										Qualification Rounds			
Complete (1 - 10 +X) 122 cm																								

13:30-13:50 Official warmup for all Women	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	30 M										50 M										60 M			
	Warm Up										Warm Up										Warm Up			
Complete (1 - 10 +X) 122 cm																								

13:50-15:20 Qualification Rounds U12W U15W U18W	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	30 M										50 M										60 M			
	Qualification Rounds										Qualification Rounds										Qualification Rounds			
Complete (1 - 10 +X) 122 cm																								

15:20-15:40 Official warmup for all Men ca	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	30 M										50 M										60 M			
	Warm Up										Warm Up										Warm Up			
Complete (1 - 10 +X) 122 cm																								

15:40-17:10 Qualification Rounds U12M U15M U18M	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	30 M										50 M										60 M			
	Qualification Rounds										Qualification Rounds										Qualification Rounds			
Complete (1 - 10 +X) 122 cm																								

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PPD PADAWAN (MSSB26)

PERBADANAN SUKAN SARAWAK (SSC), From 08-04-2026 to 10-04-2026

10 Apr 2026, Friday

08:00-08:20 Official warmup for all Women	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	25 M											40 M											50 M	
	Warm Up											Warm Up											Warm Up	
Complete (1 - 10 +X) 80 cm																								

08:20-09:50 Qualification Rounds U12W U15W U18W	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	25 M											40 M											50 M	
	Qualification Rounds											Qualification Rounds											Qualification Rounds	
Complete (1 - 10 +X) 80 cm																								

09:50-10:10 Official warmup for all Men ca	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	25 M											40 M											50 M	
	Warm Up											Warm Up											Warm Up	
Complete (1 - 10 +X) 80 cm																								

10:10-11:40 Qualification Rounds U12M U15M U18M	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	25 M											40 M											50 M	
	Qualification Rounds											Qualification Rounds											Qualification Rounds	
Complete (1 - 10 +X) 80 cm																								

14:00-14:20 Official warmup for all Women	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	20 M											30 M											30 M	
	Warm Up											Warm Up											Warm Up	
Reduced (6 - 10 +X) 80 cm																								

14:20-15:20 Qualification Rounds U12W U15W U18W	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	20 M											30 M											30 M	
	Qualification Rounds											Qualification Rounds											Qualification Rounds	
Reduced (6 - 10 +X) 80 cm																								

15:10-15:30 Official warmup for all Men ca	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	20 M											30 M												
	Warm Up											Warm Up												
Reduced (6 - 10 +X) 80 cm																								

15:40-16:40 Qualification Rounds U12M U15M U18M	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	20 M											30 M												
	Qualification Rounds											Qualification Rounds												
Reduced (6 - 10 +X) 80 cm																								