



KEJOHANAN MEMANAH MSSD GOMBAK TAHUN 2026

PPD GOMBAK, SMK GOMBAK SETIA (GBK26)
SMK GOMBAK SETIA, From 20-04-2026 to 24-04-2026



KEMENTERIAN
PENDIDIKAN
MALAYSIA

Pejabat Pendidikan Daerah Gombak

20 Apr 2026, Monday

09:00-09:20 LATIHAN RASMI LELAKI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m-1					60m-1								40m-1										
	Warm Up					Warm Up								Warm Up										

Complete (1 - 10 +X) 122 cm
6 Arc/Tgt

09:20-09:40 LATIHAN RASMI PEREMPUAN	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m-1					60m-1								40m-1										
	Warm Up					Warm Up								Warm Up										

Complete (1 - 10 +X) 122 cm
6 Arc/Tgt

10:00-12:30 Qualification Rounds Session 1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m-1					60m-1								40m-1										
	Qualification Rounds					Qualification Rounds								Qualification Rounds										

Complete (1 - 10 +X) 122 cm
6 Arc/Tgt

13:00-15:30 Qualification Rounds Session 2	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m-1					60m-1								40m-1										
	Qualification Rounds					Qualification Rounds								Qualification Rounds										

Complete (1 - 10 +X) 122 cm
6 Arc/Tgt



KEJOHANAN MEMANAH MSSD GOMBAK TAHUN 2026

PPD GOMBAK, SMK GOMBAK SETIA (GBK26)
SMK GOMBAK SETIA, From 20-04-2026 to 24-04-2026



KEMENTERIAN
PENDIDIKAN
MALAYSIA

Pejabat Pendidikan Daerah Gombak

21 Apr 2026, Tuesday

08:30-08:50 LATIHAN RASMI PEREMPUAN	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50m-2					40m-2							25m-2											
	Warm Up					Warm Up							Warm Up											

Complete (Arc/Tot) 80 cm

08:50-09:10 LATIHAN RASMI LELAKI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50m-2					40m-2							25m-2											
	Warm Up					Warm Up							Warm Up											

Complete (Arc/Tot) 80 cm

09:30-12:00 Qualification Rounds Session 2	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50m-2					40m-2							25m-2											
	Qualification Rounds					Qualification Rounds							Qualification Rounds											

Complete (Arc/Tot) 80 cm

12:30-15:00 Qualification Rounds Session 1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50m-2					40m-2							25m-2											
	Qualification Rounds					Qualification Rounds							Qualification Rounds											

Complete (Arc/Tot) 80 cm



KEJOHANAN MEMANAH MSSD GOMBAK TAHUN 2026

PPD GOMBAK, SMK GOMBAK SETIA (GBK26)
SMK GOMBAK SETIA, From 20-04-2026 to 24-04-2026



**KEMENTERIAN
PENDIDIKAN
MALAYSIA**

Pejabat Pendidikan Daerah Gombak

22 Apr 2026, Wednesday

09:00 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m								60m								40m							
	RU18M 1/8								RU15M 1/8								RU12M 1/8							
Complete (1 - 10 +X) 122 cm																								

10:00 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m								60m								40m							
	RU18W 1/8								RU15W 1/8								RU12W 1/8							
Complete (1 - 10 +X) 122 cm																								

11:00 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m				70m				60m				60m				40m				40m			
	RU18M 1/4				RU18W 1/4				RU15M 1/4				RU15W 1/4				RU12M 1/4				RU12W 1/4			
Complete (1 - 10 +X) 122 cm																								

12:00 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m				70m				60m				60m				40m				40m			
	RU18M 1/2				RU18W 1/2				RU15M 1/2				RU15W 1/2				RU12M 1/2				RU12W 1/2			
Complete (1 - 10 +X) 122 cm																								

13:30 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24																								
	70m				70m				70m				70m				60m				60m				60m				60m				40m				40m				40m				40m			
	RU18M Gold				RU18M Bronze				RU18W Gold				RU18W Bronze				RU15M Gold				RU15M Bronze				RU15W Gold				RU15W Bronze				RU12M Gold				RU12M Bronze				RU12W Gold				RU12W Bronze			
Complete (1 - 10 +X) 122 cm																																																



KEJOHANAN MEMANAH MSSD GOMBAK TAHUN 2026

PPD GOMBAK, SMK GOMBAK SETIA (GBK26)
SMK GOMBAK SETIA, From 20-04-2026 to 24-04-2026



**KEMENTERIAN
PENDIDIKAN
MALAYSIA**

Pejabat Pendidikan Daerah Gombak

23 Apr 2026, Thursday

09:15 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m								60m								40m							
	RU18X								RU15X								RU12X							
	1/4								1/4								1/4							
Complete (1 - 10 +X) 122 cm																								

10:30 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m												60m											
	RU18X												RU15X											
	1/2												1/2											
Complete (1 - 10 +X) 122 cm																								

11:45 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m		70m										60m		60m									
	RU18X		RU18X										RU15X		RU15X		40m				40m			
	Gold		Bronze										Gold		Bronze		RU12X				RU12X			
Complete (1 - 10 +X) 122 cm																								



KEJOHANAN MEMANAH MSSD GOMBAK TAHUN 2026

PPD GOMBAK, SMK GOMBAK SETIA (GBK26)
SMK GOMBAK SETIA, From 20-04-2026 to 24-04-2026



**KEMENTERIAN
PENDIDIKAN
MALAYSIA**

Pejabat Pendidikan Daerah Gombak

24 Apr 2026, Friday

09:00 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m								60m								40m							
	RU18M 1/4								RU15M 1/4								RU12M 1/4							
	Complete (1 - 10 +X) 122 cm																							

09:45 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m								60m								40m							
	RU18W 1/4								RU15W 1/4								RU12W 1/4							
	Complete (1 - 10 +X) 122 cm																							

10:30 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m				70m				60m				60m				40m				40m			
	RU18M 1/2				RU18W 1/2				RU15M 1/2				RU15W 1/2				RU12M 1/2				RU12W 1/2			
	Complete (1 - 10 +X) 122 cm																							

11:15 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m		70m		70m		70m		60m		60m		60m		60m		40m		40m		40m		40m	
	RU18M Gold	RU18M Bronze	RU18W Gold	RU18W Bronze	RU15M Gold	RU15M Bronze	RU15W Gold	RU15W Bronze	RU12M Gold	RU12M Bronze	RU12W Gold	RU12W Bronze												
	Complete (1 - 10 +X) 122 cm																							