



Kejohanan Memanah MSSD Semporna 2026

PPD Semporna (MSSDSP26)

Padang SK Bubul II, From 14-04-2026 to 16-04-2026



14 Apr 2026, Tuesday

08:30-09:00 Latihan rasmi jarak 1	1	2	3	4	5	6	7	8	9	10
	40m-1					60m-1			70m-1	
	Warm Up					Warm Up			Warm Up	
Complete (1 - 10 +X) 122 cm										

09:00-10:30 Qualification Rounds Lelaki	1	2	3	4	5	6	7	8	9	10
	40m-1					60m-1			70m-1	
	Qualification Rounds					Qualification Rounds			Qualification Rounds	
Complete (1 - 10 +X) 122 cm										

10:30-11:00 Latihan rasmi jarak 1	1	2	3	4	5	6	7	8	9	10
	40m-1					60m-1			70m-1	
	Warm Up					Warm Up			Warm Up	
Complete (1 - 10 +X) 122 cm										

11:00-12:30 Qualification Rounds Perempuan	1	2	3	4	5	6	7	8	9	10
	40m-1					60m-1			70m-1	
	Qualification Rounds					Qualification Rounds			Qualification Rounds	
Complete (1 - 10 +X) 122 cm										

13:30-14:00 Latihan rasmi jarak 2	1	2	3	4	5	6	7	8	9	10
	30m-2					50m-2			60m-2	
	Warm Up					Warm Up			Warm Up	
Complete (1 - 10 +X) 122 cm										

14:00-15:30 Qualification Rounds Lelaki	1	2	3	4	5	6	7	8	9	10
	30m-2					50m-2			60m-2	
	Qualification Rounds					Qualification Rounds			Qualification Rounds	
Complete (1 - 10 +X) 122 cm										

15:30-16:00 Latihan rasmi jarak 2	1	2	3	4	5	6	7	8	9	10
	30m-2					50m-2			60m-2	
	Warm Up					Warm Up			Warm Up	
Complete (1 - 10 +X) 122 cm										

16:00-17:30 Qualification Rounds Perempuan	1	2	3	4	5	6	7	8	9	10
	30m-2					50m-2			60m-2	
	Qualification Rounds					Qualification Rounds			Qualification Rounds	
Complete (1 - 10 +X) 122 cm										



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Padang SK Bubul II, From 14-04-2026 to 16-04-2026



15 Apr 2026, Wednesday

08:00-08:30 Latihan rasmi jarak 3	1	2	3	4	5	6	7	8	9	10
	25m-3					40m-3			50m-3	
	Warm Up					Warm Up			Warm Up	
	Complete (1 - 10 +X) 80 cm									

08:30-10:00 Qualification Rounds Lelaki	1	2	3	4	5	6	7	8	9	10
	25m-3					40m-3			50m-3	
	Qualification Rounds					Qualification Rounds			Qualification Rounds	
Complete (1 - 10 +X) 80 cm										

10:00-10:30 Latihan rasmi jarak 3	1	2	3	4	5	6	7	8	9	10
	25m-3					40m-3			50m-3	
	Warm Up					Warm Up			Warm Up	
Complete (1 - 10 +X) 80 cm										

10:30-12:00 Qualification Rounds Perempuan	1	2	3	4	5	6	7	8	9	10
	25m-3					40m-3			50m-3	
	Qualification Rounds					Qualification Rounds			Qualification Rounds	
Complete (1 - 10 +X) 80 cm										

13:30-14:00 Latihan rasmi jarak 4	1	2	3	4	5	6	7	8	9	10
	20m-4					30m-4				
	Warm Up					Warm Up				
Reduced (5 - 10 +X) 80 cm										

14:00-15:30 Qualification Rounds Lelaki	1	2	3	4	5	6	7	8	9	10
	20m-4					30m-4				
	Qualification Rounds					Qualification Rounds				
Reduced (5 - 10 +X) 80 cm										

15:30-16:00 Latihan rasmi jarak 4	1	2	3	4	5	6	7	8	9	10
	20m-4					30m-4				
	Warm Up					Warm Up				
Reduced (5 - 10 +X) 80 cm										

16:00-17:30 Qualification Rounds Perempuan	1	2	3	4	5	6	7	8	9	10
	20m-4					30m-4				
	Qualification Rounds					Qualification Rounds				
Reduced (5 - 10 +X) 80 cm										



Kejohanan Memanah MSSD Semporna 2026

PPD Semporna (MSSDSP26)

Padang SK Bubul II, From 14-04-2026 to 16-04-2026



16 Apr 2026, Thursday

07:30-07:45

Latihan rasmi ER Lelaki

1	2	3	4	5	6	7	8	9	10	11	12
40				60				70			
RU12B Warm Up				RU15M Warm Up				RU18M Warm Up			
Complete (1 - 10 +X) 122 cm											

07:45-08:15

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12
40				60				70			
RU12B 1/8				RU15M 1/8				RU18M 1/8			
Complete (1 - 10 +X) 122 cm											

08:15-08:45

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12
40				60				70			
RU12B 1/4				RU15M 1/4				RU18M 1/4			
Complete (1 - 10 +X) 122 cm											

08:45-09:15

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12
40				60				70			
RU12B 1/2				RU15M 1/2				RU18M 1/2			
Complete (1 - 10 +X) 122 cm											

09:15-09:45

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12
40		40		60		60		70		70	
RU12B Gold		RU12B Bronze		RU15M Gold		RU15M Bronze		RU18M Gold		RU18M Bronze	
Complete (1 - 10 +X) 122 cm											

09:45-10:00

Latihan rasmi ER Perempuan

1	2	3	4	5	6	7	8	9	10	11	12
40				60				70			
RU12G Warm Up				RU15W Warm Up				RU18W Warm Up			
Complete (1 - 10 +X) 122 cm											

10:00-10:30

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12
40				60				70			
RU12G 1/8				RU15W 1/8				RU18W 1/8			
Complete (1 - 10 +X) 122 cm											

10:30-11:00

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12
40				60				70			
RU12G 1/4				RU15W 1/4				RU18W 1/4			
Complete (1 - 10 +X) 122 cm											

11:00-11:30

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12
40				60				70			
RU12G 1/2				RU15W 1/2				RU18W 1/2			
Complete (1 - 10 +X) 122 cm											



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Padang SK Bubul II, From 14-04-2026 to 16-04-2026



16 Apr 2026, Thursday (Continue)

11:30-12:00

Individual Matches
5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12
40		40		60		60		70		70	
RU12G Gold		RU12G Bronze		RU15W Gold		RU15W Bronze		RU18W Gold		RU18W Bronze	
Complete (1 - 10 +X) 122 cm											