



Kejohanan Memanah MSSD Hilir Perak Tahun 2026

Pejabat Pendidikan Daerah Hilir Perak (MSSHIP26)

SMK Dato Sagor, From 28-04-2026 to 30-04-2026

28 Apr 2026, Tuesday

09:00-09:30 Latihan rasmi jarak 1	1	2	3	4	5	6	7	8	9	10	11
	40m-1					60m-1			70m-1		
	Warm Up					Warm Up			Warm Up		
	Complete (1 - 10 +X) 122 cm 6 Arc/Tgt										

09:30-11:00 Qualification Rounds Semua Kategori	1	2	3	4	5	6	7	8	9	10	11
	40m-1					60m-1			70m-1		
	Qualification Rounds					Qualification Rounds			Qualification Rounds		
	Complete (1 - 10 +X) 122 cm 6 Arc/Tgt										

11:30-12:00 Latihan rasmi jarak 2	1	2	3	4	5	6	7	8	9	10	11
	30m-2					50m-2			60m-2		
	Warm Up					Warm Up			Warm Up		
	Complete (1 - 10 +X) 122 cm 6 Arc/Tgt										

12:00-13:30 Qualification Rounds Semua Kategori	1	2	3	4	5	6	7	8	9	10	11
	30m-2					50m-2			60m-2		
	Qualification Rounds					Qualification Rounds			Qualification Rounds		
	Complete (1 - 10 +X) 122 cm 6 Arc/Tgt										



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SMK Dato Sagor, From 28-04-2026 to 30-04-2026

29 Apr 2026, Wednesday

08:00-08:30 Latihan rasmi jarak 3	1	2	3	4	5	6	7	8	9	10	11	12
	25m-3					40m-3			50m-3			
	Warm Up					Warm Up			Warm Up			
	Complete (1 - 10 +X) 80 cm 6 Arc/Tgt											

08:30-10:00 Qualification Rounds Semua Kategori	1	2	3	4	5	6	7	8	9	10	11	12
	25m-3					40m-3			50m-3			
	Qualification Rounds					Qualification Rounds			Qualification Rounds			
Complete (1 - 10 +X) 80 cm 6 Arc/Tgt												

10:30-11:00 Latihan rasmi jarak 4	1	2	3	4	5	6	7	8	9	10	11	12
	20m-4					30m-4						
	Warm Up					Warm Up						
Reduced (5 - 10 +X) 80 cm 6 Arc/Tgt												

11:00-12:30 Qualification Rounds Semua Kategori	1	2	3	4	5	6	7	8	9	10	11	12
	20m-4					30m-4						
	Qualification Rounds					Qualification Rounds						
Reduced (5 - 10 +X) 80 cm 6 Arc/Tgt												

13:00-13:30 Latihan rasmi Pusingan Kalah S	1	2	3	4	5	6	7	8	9	10	11	12
	40		40		60		60		70		70	
	RU12B Warm Up		RU12G Warm Up		RU15M Warm Up		RU15W Warm Up		RU18M Warm Up		RU18W Warm Up	
	Complete (1 - 10 +X) 122 cm											

13:30-14:00 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12
	40		40		60		60		70		70	
	RU12B 1/4		RU12G 1/4		RU15M 1/4		RU15W 1/4		RU18M 1/4		RU18W 1/4	
	Complete (1 - 10 +X) 122 cm											

14:00-14:30 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12
	40		40		60		60		70		70	
	RU12B 1/2		RU12G 1/2		RU15M 1/2		RU15W 1/2		RU18M 1/2		RU18W 1/2	
	Complete (1 - 10 +X) 122 cm											

14:30-15:00 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12
	40	40	40	40	60	60	60	60	70	70	70	70
	RU12B Gold	RU12B Bronze	RU12G Gold	RU12G Bronze	RU15M Gold	RU15M Bronze	RU15W Gold	RU15W Bronze	RU18M Gold	RU18M Bronze	RU18W Gold	RU18W Bronze
	Complete (1 - 10 +X) 122 cm											