



Kejohanan Memanah Majlis Sukan Sekolah Terengganu (MSST) Tahun 2026

Majlis Sekolah Sukan Terengganu dan Jabatan Pendidikan Negeri Terengganu (MSST2026)

SK Seberang Jertih, Besut, From 03-05-2026 to 05-05-2026



3 May 2026, Sunday

14:00-14:30 LATIHAN RASMI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m								60m								40m							
	RB18L								RB15L								RB12L							
	122cm																							

14:40-16:10 Qualification Rounds Recurve Lelaki	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m								60m								40m							
	RB18L								RB15L								RB12L							
	122cm																							

16:00-16:30 LATIHAN RASMI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m								60m								40m							
	RB18P								RB15P								RB12P							
	122cm																							

16:40-18:10 Qualification Rounds Recurve Perempuan	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70m								60m								40m							
	RB18P								RB15P								RB12P							
	122cm																							



Kejohanan Memanah Majlis Sukan Sekolah Terengganu (MSST) Tahun 2026

Majlis Sekolah Sukan Terengganu dan Jabatan Pendidikan Negeri Terengganu (MSST2026)

SK Seberang Jertih, Besut, From 03-05-2026 to 05-05-2026



4 May 2026, Monday

08:00-08:30 LATIHAN RASMI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	60m								50m								30m							
	RB18L								RB15L								RB12L							
	122cm																							

08:40-10:10 Qualification Rounds Recurve Lelaki	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	60m								50m								30m							
	RB18L								RB15L								RB12L							
	122cm																							

10:20-10:50 LATIHAN RASMI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	60m								50m								30m							
	RB18P								RB15P								RB12P							
	122cm																							

11:00-12:30 Qualification Rounds Recurve Perempuan	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	60m								50m								30m							
	RB18P								RB15P								RB12P							
	122cm																							

14:00-14:30 LATIHAN RASMI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50m								40m								25m							
	RB18L								RB15L								RB12L							
	80cm																							

14:40-16:10 Qualification Rounds Recurve Lelaki	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50m								40m								25m							
	RB18L								RB15L								RB12L							
	80cm																							

16:00-16:30 LATIHAN RASMI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50m								40m								25m							
	RB18P								RB15P								RB12P							
	80cm																							

16:40-18:10 Qualification Rounds Recurve Perempuan	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50m								40m								25m							
	RB18P								RB15P								RB12P							
	80cm																							



Kejohanan Memanah Majlis Sukan Sekolah Terengganu (MSST) Tahun 2026

Majlis Sekolah Sukan Terengganu dan Jabatan Pendidikan Negeri Terengganu (MSST2026)
SK Seberang Jertih, Besut, From 03-05-2026 to 05-05-2026



5 May 2026, Tuesday

08:00-08:30 LATIHAN RASMI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	30m								30m								20m							
	RB18L								RB15L								RB12L							
80cm6rings																								

08:40-10:10 Qualification Rounds Recurve Lelaki	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	30m								30m								20m							
	RB18L								RB15L								RB12L							
80cm6rings																								

10:20-10:50 LATIHAN RASMI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	30m								30m								20m							
	RB18P								RB15P								RB12P							
80cm6rings																								

11:00-12:30 Qualification Rounds Recurve Perempuan	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	30m								30m								20m							
	RB18P								RB15P								RB12P							
80cm6rings																								

14:00-14:30 Latihan Rasmi Pusingan Olimpik	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
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14:40-15:10 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70				70				60				60				40				40			
	RB18L 1/4				RB18P 1/4				RB15L 1/4				RB15P 1/4				RB12L 1/4				RB12P 1/4			
Complete (1 - 10 +X) 122 cm																								

15:10-15:40 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	70				70				60				60				40				40			
	RB18L 1/2				RB18P 1/2				RB15L 1/2				RB15P 1/2				RB12L 1/2				RB12P 1/2			
Complete (1 - 10 +X) 122 cm																								

15:40-16:10 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24																								
	70				70				70				70				60				60				60				60				40				40				40				40			
	RB18L Gold				RB18L Bronze				RB18P Gold				RB18P Bronze				RB15L Gold				RB15L Bronze				RB15P Gold				RB15P Bronze				RB12L Gold				RB12L Bronze				RB12P Gold				RB12P Bronze			
Complete (1 - 10 +X) 122 cm																																																