

11-15 May 2026

## Schedule

## SCHEDULE

## 11 May 2026, Monday

## LAPOR DIRI / TAKLIMAT PENGURUS / PEMERIKSAAN ALATAN

08:00-08:30 00:30 PEMERIKSAAN ALATAN

## Qualification Rounds

## TRAD LELAKI

08:30-09:00 00:30 Latihan Rasmi

09:00-10:30 01:30 Distance 1

## TRAD PEREMPUAN

10:45-11:15 00:30 Latihan Rasmi

11:15-12:45 01:30 Distance 1

13:00-14:30 01:30 REHAT / SOLAT

## TRAD LELAKI

14:30-15:00 00:30 Latihan Rasmi

15:00-16:30 01:30 Distance 2

## TRAD PEREMPUAN

16:30-17:00 00:30 Latihan Rasmi

17:00-18:30 01:30 Distance 2

## 12 May 2026, Tuesday

## Team Matches

08:30-09:00 00:30 Latihan Rasmi

09:00-09:30 00:30 1/8: TU12M, TU15M, TU18M

09:30-10:00 00:30 1/8: TU12M, TU15M, TU18M

10:00-10:30 00:30 Latihan Rasmi

10:30-11:00 00:30 1/8: TU12W, TU15W, TU18W

11:00-11:30 00:30 1/8: TU12W, TU15W, TU18W

11:30-12:00 00:30 1/4: TU12M, TU15M, TU18M

12:00-12:30 00:30 1/4: TU12W, TU15W, TU18W

14:30-15:00 00:30 Latihan Rasmi

15:00-15:30 00:30 1/2: TU12M, TU12W, TU15M, TU15W, TU18M, TU18W

15:30-16:00 00:30 Bronze: TU12M, TU12W, TU15M, TU15W, TU18M, TU18W

Gold: TU12M, TU12W, TU15M, TU15W, TU18M, TU18W