The Mayor of Nof HaGalil Cup (Israeli Cup Stage 3)

Israeli Archery Association (ILOD0726)
Nof HaGalil, 17-07-2026

17 Jul 2026, Friday

09:20-09:50
3 ends of practice followed by

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
70m-1		70m-1	60m-1			60m-1		50m-1	50m-1	50m-1	50m-1	50m-1		50m-1	50m-1	40m-1	40m-1	30m-1	30m-1
Warm Up		Warm Up	Warm Up			Warm Up		Warm Up	Warm Up	Warm Up	Warm Up	Warm Up		Warm Up	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up
Complete (1 - 10 +X) 122 cm								Reduced (5 - 10 +X) 80 cm				Complete (1 - 10 +X) 122 cm							

10:00-11:30
Qualification Rounds
Session 1

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
70m-1		70m-1	60m-1			60m-1		50m-1	50m-1	50m-1	50m-1	50m-1		50m-1	50m-1	40m-1	40m-1	30m-1	30m-1
Qualification Rounds		Qualification Rounds	Qualification Rounds			Qualification Rounds		Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds		Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds
Complete (1 - 10 +X) 122 cm								Reduced (5 - 10 +X) 80 cm				Complete (1 - 10 +X) 122 cm							

11:45-13:15
Qualification Rounds
Session 1

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
70m-2		70m-2	60m-2			60m-2		50m-2	50m-2	50m-2	50m-2	50m-2		50m-2	50m-2	40m-2	40m-2	30m-2	30m-2
Qualification Rounds		Qualification Rounds	Qualification Rounds			Qualification Rounds		Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds		Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds
Complete (1 - 10 +X) 122 cm								Reduced (5 - 10 +X) 80 cm				Complete (1 - 10 +X) 122 cm							

13:45-14:00
1/4: R50M, RU18M, B50M Warm Up
1/2: RW, RU21W Warm Up

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
	70	70	60			60							50						
	RU21W	RW	R50M			RU18M							B50M						
	Warm Up	Warm Up	Warm Up			Warm Up							Warm Up						
	Complete (1 - 10 +X) 122 cm																		

14:00-14:20
Individual Matches
5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
	70	70	60			60							50						
	RU21W	RW	R50M			RU18M							B50M						
	1/2	1/2	1/4			1/4							1/4						
	Complete (1 - 10 +X) 122 cm																		

14:30-14:45
1/2: RM, R50M, RU18M, RU18W, R
Bronze: Recurve Women Warm Up
Gold: Recurve Women Warm Up

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
70		70	60		60	60			50		50	50	50			40		30	
RM		RW	R50M		RU18W	RU18M			C50M		RU16M	RU16W	B50M			RU14M		TM	
Warm Up		Warm Up	Warm Up		Warm Up	Warm Up			Warm Up		Warm Up	Warm Up	Warm Up			Warm Up		Warm Up	
Complete (1 - 10 +X) 122 cm									Reduced (5 - 10 +X) 80 cm		Complete (1 - 10 +X) 122 cm								

14:45-15:05
Individual Matches
5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
70		70	60		60	60			50		50	50	50			40		30	
RM		RW	R50M		RU18W	RU18M			C50M		RU16M	RU16W	B50M			RU14M		TM	
1/2		Gold	1/2		1/2	1/2			1/2		1/2	1/2	1/2			1/2		1/2	
Complete (1 - 10 +X) 122 cm									Reduced (5 - 10 +X) 80 cm		Complete (1 - 10 +X) 122 cm								

15:00-15:15
Bronze: RM, RU21W, R50M, RU18M
Gold: RM, RU21W, R50M, RU18M,

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
70		70	60		60	60			50		50	50	50			40		30	
RM		RU21W	R50M		RU18W	RU18M			C50M		RU16M	RU16W	B50M			RU14M		TM	
Warm Up		Warm Up	Warm Up		Warm Up	Warm Up			Warm Up		Warm Up	Warm Up	Warm Up			Warm Up		Warm Up	
Complete (1 - 10 +X) 122 cm									Reduced (5 - 10 +X) 80 cm		Complete (1 - 10 +X) 122 cm								

15:15-15:35
Individual Matches
5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
70	70	70	60	60	60	60	60		50	50	50	50	50	50		40		30	
RM	RM	RU21W	R50M	R50M	RU18W	RU18M	RU18M		C50M	C50M	RU16M	RU16W	B50M	B50M		RU14M		TM	
Gold	Bronze	Gold	Gold	Bronze	Gold	Bronze	Gold		Gold	Bronze	Gold	Gold	Gold	Bronze		Gold		Gold	
Complete (1 - 10 +X) 122 cm									Reduced (5 - 10 +X) 80 cm		Complete (1 - 10 +X) 122 cm								

Field of Play Layout - 20260716.123857+03:00