



Kem Bakat Memanah SPTS dan Pembangunan Negeri Perak 2026

Jabatan Pendidikan Negeri Perak (PLDPK261)

Unit Pembangunan Sukan JPN Perak, From 28-07-2026 to 30-07-2026



29 Jul 2026, Wednesday

09:00-09:30 Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27
	50m-1								40m-1									25m-1									
	Warm Up								Warm Up									Warm Up									
	Complete (1 - 10 +X) 122 cm																										

09:30-11:00 Qualification Rounds Sesi Perempuan	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27
	50m-1								40m-1									25m-1									
	Qualification Rounds								Qualification Rounds									Qualification Rounds									
	Complete (1 - 10 +X) 122 cm																										

14:00-14:30 Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27
	50m-2								40m-2									25m-2									
	Warm Up								Warm Up									Warm Up									
	Complete (1 - 10 +X) 122 cm																										

14:30-16:00 Qualification Rounds Sesi Perempuan	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27
	50m-2								40m-2									25m-2									
	Qualification Rounds								Qualification Rounds									Qualification Rounds									
	Complete (1 - 10 +X) 122 cm																										



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Unit Pembangunan Sukan JPN Perak, From 28-07-2026 to 30-07-2026



30 Jul 2026, Thursday

09:00-09:30 Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
	50m-1								40m-1											25m-1									
	Warm Up								Warm Up											Warm Up									
	[][][][][][][][]								[][																				

09:30-11:00 Qualification Rounds Sesi Lelaki	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
	50m-1								40m-1											25m-1									
	Qualification Rounds								Qualification Rounds											Qualification Rounds									
	Complete (1 - 10 +X) 122 cm																												

14:00-14:30 Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
	50m-2								40m-2											25m-2									
	Warm Up								Warm Up											Warm Up									
	Complete (1 - 10 +X) 122 cm																												

14:30-16:00 Qualification Rounds Sesi Lelaki	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
	50m-2								40m-2											25m-2									
	Qualification Rounds								Qualification Rounds											Qualification Rounds									
	Complete (1 - 10 +X) 122 cm																												